

# EDUCATION AND CONSULTATIVE SERVICES

of UPMC Western Psychiatric Hospital

## PRESENTATION FORM 2022 PRIDE Month Webinars

June 1, 2022

### Presenter Bio

**Alicyn Simpson, SME (she/her/hers)**  
Community Navigator  
Gender and Sexual Development Program  
Center for Adolescent and Young Adult Health  
UPMC Children's Hospital of Pittsburgh  
Pittsburgh, PA

Alicyn brings three decades of lived experience and a decade of advocacy to the position of Community Navigator. In this unique role she serves as a support and liaison for parents of gender diverse youth, primary Gender Diversity and Cultural Competency trainer, resource creator and Subject Matter Expert for Children's and the UPMC healthcare system. She is a leader in Pittsburgh's LGBTQIA+ community and serves as a liaison to other leaders and organizations serving this community. She is a co-founder/leader of the Trans Buddy PGH peer-support program, a member of WPATH, The World Professional Association for Transgender Health and is active in the International Transgender Health and Gender Affirming Voice communities. She sits on the board of the regional Tri-State Gender Collaborative and a Federally Qualified Health Center. She is co-chair and a course director for the annual TransPride Health & Wellness Conference.

### Name and Narrative Description of your Presentation

Please determine if it is introductory, intermediate or advanced.

### Understanding Gender Diversity

### Three (3) learning objectives

By the completion of this session, participants should be able to:

1. Recognize the importance of a full understanding of biological diversity in humans, in particular the diverse spectrum of biological sex traits and that many people fall outside the narrow range of "typically male or female"
2. Recognize the complexity and full spectrums of binary and nonbinary gender identities and how they relate to transgender and intersex status
3. Recognize the importance of affirming and culturally competent language, in particular the importance of correct use of chosen names and pronouns

### Three (3) current (within the past 10 years) peer-reviewed publications that support the evidencebase for the content of your presentation

1. Štrkalj, G. and Pather, N. (2021), Beyond the Sex Binary: Toward the Inclusive Anatomical Sciences Education. *Anat. Sci. Educ.*, 14: 513-518. <https://doi.org/10.1002/ase.2002>
2. Smith, E.S., Junger, J., Derntl, B., Habel, U. The transsexual brain – A review of findings on the neural basis of transsexualism. *Neuroscience & Biobehavioral Reviews*, Volume 59, 2015, 251-266, <https://doi.org/10.1016/j.neubiorev.2015.09.008>
3. Wren, B., Launer, J., Reiss, M., Swanepoel, A., & Music, G. (2019). Can evolutionary thinking shed light on gender diversity? *BJPsych Advances*, 25(6), 351-362. doi:10.1192/bja.2019.35